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Secret Hollywood weddings. 14

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DEAFENING DAYDREAMS

Researchers at New York University have made an astounding connection between the way we 'hear' our thoughts and how we hear the chaotic world around us. 4



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KRISTIN TOUSSAINT, REPORTER

New York is a loud city, but to some people, there may be more noise inside their own heads. When we think “loud” thoughts or shout something to ourselves, it actually affects how we hear external noises, according to a new study. A researcher from New York University says this is an important step to understanding more about our own brains. Read more on page 4 and at metro.us.

JUDGE REJECTS CASE ON MARIJUANA PROHIBITION

I A federal judge on Monday dismissed a lawsuit seeking to overturn the longstanding prohibition of marijuana on the grounds that the ban was unconstitutional, with the judge finding that the issue could not be decided by the court. District Judge Alvin Hellerstein in Manhattan ruled that the lawsuit must be dismissed because the plaintiffs had failed to use procedures within the Drug Enforcement Administration to

challenge the ban. Hellerstein said his decision “should not be understood as a factual finding that marijuana lacks any medical use in the United States,” but rather that the authority to make that decision lies with the DEA, not the court. The plaintiffs include the parents of two children who use marijuana to treat illness, and former NFL player Marvin Washington, who works with a company that develops marijuana-based products.

BILL COSBY’S DAUGHTER ENSA DIES AT AGE 44

2 Bill Cosby’s daughter Ensa Cosby, who came to her father’s defense last year against accusations that he had sexually assaulted numerous women over the years, has died at age 44 from a chronic kidney ailment, a family spokesman said on Monday. Ensa Cosby, the second-youngest of the entertainer’s five children and the third of his four daughters, “recently

died from renal disease,” according to the spokesman, Andrew Wyatt. But he declined to give further details about the circumstances of her death. “The Cosby family thanks many people for their prayers for their beloved and beautiful Ensa,” he said in a statement. The celebrity news website TMZ reported that Cosby’s daughter died on Friday night in Massachusetts.

25TH ANNIVERSARY OF 1993 WTC BOMBING MARKED AT 9/11 MEMORIAL

3 Flowers were placed on the names inscribed on the north reflecting pool of the National September 11 Memorial for those killed in the Feb. 26, 1993, truck bomb attack at the World Trade Center on Monday in New York City. An annual memorial service was held on the 25th anniversary of the attack to mark the event in which six people were killed and more than 1,000 injured. The bomb, which exploded in an underground parking garage, was set off by Muslim extremists who were later brought to justice. On Sept. 11, 2001, the World Trade Center was attacked again.

5 THINGS YOU NEED TO KNOW

APPEALS COURT RULES ON SEXUAL ORIENTATION BIAS

4 A U.S. appeals court in Manhattan on Monday ruled that a federal law banning sex bias in the workplace also prohibits discrimination against gay employees, becoming only the second court to do so. The 2nd U.S. Circuit Court of Appeals overruled prior decisions and said that a worker’s sex is necessarily a factor in discrimination based on sexual orientation. The ruling went against a court brief filed by

the Trump administration in 2017 that said Title VII of the Civil Rights Act was not intended to provide protections to gay workers. The 2nd Circuit revived a lawsuit by the estate of Donald Zarda, a former skydiving instructor on Long Island who said he was fired after he told a customer he was gay and she complained. Last April, the Chicago-based 7th Circuit became the first court to find that Title VII bans gay bias in the workplace.

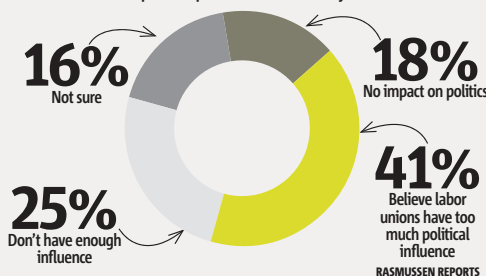
‘PHARMA BRO’ ACCOUNTABLE FOR \$10.4M LOSSES

5 Former drug company executive Martin Shkreli will be held responsible for \$10.4 million in financial losses when he is sentenced for defrauding investors, a federal judge ruled on Monday, rejecting his argument that he did not cause any losses because his investors eventually came out ahead. The ruling from District Judge Kiyo Matsumoto could mean more prison time

for Shkreli, since the amount of financial loss plays a major role in federal sentencing guidelines. While Matsumoto must consider the guidelines at the sentencing, which is scheduled for March 9, she is not bound to follow them. Shkreli has been in jail since September, when Matsumoto revoked his bail after he offered a \$5,000 bounty for a strand of Hillary Clinton’s hair in a Facebook post.

LABOR UNIONS

Do labor unions have too much political influence or not enough political influence in America today? Or do they basically have no impact on politics in this country?



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When someone thinks with a "loud" internal voice, external noises sound quieter, a new NYU study found. iStock

New study: The 'loudness' of our thoughts changes how we hear sounds

Research out of New York University shows a connection between how loud our internal voices are and how well we hear external noises.



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Have you ever been so focused on your thoughts that you didn't hear a noise? Or been somewhere so loud you couldn't hear yourself think?

It's not just hyperbole. There actually is a connection between how loud your internal voice is and how loud you perceive the external world, a new study finds.

Researchers at New York University, NYU Shanghai and Zhejiang University in China recently published their findings in a paper called "Imagined Speech Influences Perceived Loudness of Sound."

David Poeppel, a professor of psychology and neural science at NYU who was involved in the research, said that this helps us better understand how our own brains work.

"What the study is actually about is testing something very specific about how speech production works," he said. "When your thoughts are translated into words — when you plan on saying them — you plan even how loud something's going to be. You can use that as a test to figure out how loud you experience the environment."

For the study, researchers asked people to think of a word and say it either very loudly or very quietly to themselves. Participants never said anything out loud or even moved their mouths, he noted, they just simply shouted

something in their head.

Researchers then played a tone out loud and the participants had to rate how loud that noise seemed on a scale of one to 10.

When someone thinks with a "loud" internal voice, external noises sound quieter, the study found.

"Suppose I ask you to please shout 'cat' in your head, then right afterward I play a sound. You'll actually imagine that sound to be soft, because the sound in your head is so loud," Poeppel explained. "And vice versa, if you imagine saying it softly, you imagine the [external] sound to be louder."

Researchers repeated the experiment multiple times, using just behavioral ratings from the participants and then using two different kinds of brain imaging technology during the process. The results were the same each time.

"The idea is when you turn a thought into a word, when you're planning to say it, before you've even moved your lips or tongue or anything, it's already been turned into a sound," Poeppel said. "It's been turned into a sound in the future, basically."

These findings could help influence a lot of further research on everything from stuttering to schizophrenia, but are important mainly because they move us closer to understanding "how our brains work and how they interact with the external world," he said.

That interaction may end up being distracting sometimes. This may show that loud noises in the world are "competing" with the noises in our heads, Poeppel said — so the next time someone yells at you when you're lost in thought, you can honestly say you didn't hear them.

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Australian tourist may have exposed New Yorkers to measles, health department says

After a tourist with measles visited several New York City and state areas, health officials are advising people to take precautions to prevent the spread of the disease.



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Some New Yorkers may have been exposed to the measles virus last week after a tourist with the infection visited several city and state attractions, the state health department warns.

A tourist from Australia who was confirmed to have measles, a viral disease that causes fever and rash, visited New York from Feb. 16 to 21, officials said.

That individual was part of a tour group at the Metropolitan Museum of Art, visited the Watchtower Educational Center in Putnam County, stayed at hotels in Manhattan, Brooklyn and Orange County and also spent time at an Orange County Urgent Care Center and the Orange Regional Medical Center's Emergency Department.

Those visits may have potentially exposed others to measles, officials said. Measles is a highly contagious respiratory disease, though experts say the risk of developing measles is very low for the general public, as most people have been vaccinated. The virus remains alive in the air and on surfaces for up to two hours, health officials said.

In New York state, children enrolled in schools, day care and pre-kindergarten are required to receive measles immunization. Since August 1990, this has also been required of college

students.

Anyone born after Jan. 1, 1957, who has not received two doses of a measles-containing vaccine or does not have a blood test proving immunity to measles, should receive two doses of the MMR (measles, mumps and rubella) vaccine, health officials said.

Measles symptoms include fever, rash, coughing and a runny nose, and usually appear within 10 to 12 days of being exposed to the virus.

To prevent the spread of measles, the state health department is advising anyone who may have been exposed and who has these symptoms to contact their health care provider, a local clinic or a local emergency department before they visit to receive care.

"This will help to prevent others at these facilities from being exposed to the illness," officials said.

A full list of when and where people may have been exposed includes:

- La Quinta Inn at 31 W. 71st St., between Feb. 16 and the morning of Feb. 19.

- Oasis Bible Tours at The Metropolitan Museum of Art, between the morning of Feb. 16 and the evening of Feb. 17.

- Watchtower Educational Center, 100 Watchtower Dr., Patterson, NY, between 12:30 p.m. and 6:30 p.m. on Feb. 19.

- Best Western Hotel, 1324 Atlantic Ave., Brooklyn, NY, from Feb. 19 until 12:00 p.m. on Feb. 20.

- Comfort Inn & Suites Goshen - Middletown, 20 Hatfield Lane, Goshen, NY, from 4:30 p.m. on Feb. 20 until 10:30 a.m. on Feb. 21.

- Excel Urgent Care, 1 Hatfield Lane, Goshen, NY, between 8:00 a.m. and 11:30 a.m. on Feb. 21.

- Orange Regional Medical Center, Emergency Department, 707 E. Main Street, Middletown, NY, between 9 a.m. and 4 p.m. on Feb. 21.



Health officials are warning New Yorkers to check if they have received a measles vaccine. GETTY IMAGES



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The Wing takes its first flight in Brooklyn — and beyond

The women-only co-working and community space is opening in Dumbo this week and in D.C. soon. Don't be surprised if world domination follows.



NIKKI M. MASCALI
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Since opening in 2016, the Wing has given thousands of women in New York City a space to commune, create and co-work — and now it has world domination on its horizon. Or at the very least (for now), its first Brooklyn location.

The Wing opened Monday in Dumbo in a former tape factory at 1 Main St. to join locations in Flatiron and SoHo. Expanding into Brooklyn



The Wing in Brooklyn's Dumbo neighborhood. LINDSAY LANGSTON

was “a no-brainer for us,” co-founder and CEO Audrey Gelman said. “One-third of Wing’s members call Brooklyn home, and it was consistently one of the most demanded locations.”

Like its predecessors, Wing Dumbo will feature

amenities such as a café and bar, beauty room, showers, phone booths and a Strand Bookstore-curated library of female authors. But this newbie will also include a sunken living room, wellness room, vintage photo booth and podcast

studio, which will allow members to record their own shows, practice public speaking or prep for auditions, Gelman said. Dumbo will also house Wing’s first retail space that will be open to the public.

In a few weeks, Wing

How do I join The Wing?

Membership for one location of The Wing, it is \$2,350 per year or \$215 monthly. For all-access to any location, including future ones, membership is \$2,700 per year or \$250 monthly. All memberships require an annual commitment.

ing members.”

With four locations in two years, Gelman has a lot to be excited about — but it's the ensuing camaraderie and community Wing has created for its members that thrills her the most.

“The Wing community is made up of so many wonderfully unique women that typically wouldn't meet outside of these walls,” she shared.

The expansions to Brooklyn and Washington are just the beginning.

“We have our sights set on the West Coast next, and then who knows?” Gelman said. “We're ready for Wing world domination.”

The Wing Dumbo will be open Monday-Friday from 8 a.m. to 9 p.m., and Saturday and Sunday 10 a.m. to 6 p.m.

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Trump administration continues to quietly weaken Obamacare



President Trump has worked to undermine Obamacare. GETTY IMAGES

With the country fixated on the gun-control debate and Russia investigation, the Trump administration has quietly continued to weaken the Affordable Care Act, publishing new regulations that would allow skimpy "short-term" insurance plans to be sold and enable insurers to discriminate against people with preexisting conditions.

Last week, the Health

and Human Services Department published new rules expanding access to short-term plans, which were intended to cover short gaps in coverage, such as between jobs, reports Vox. Under the Obama administration, the plans could only be sold for 90 days. The Trump rules allow them to be sold for one year.

Short-term plans don't have to comply with

several provisions of the Affordable Care Act, such as providing for preventative or maternity care. They can refuse coverage for preexisting conditions. And they don't have to cap consumers' out-of-pocket costs at \$7,350 a year.

"These proposed short-term plans would actually be long-term scams," said Brad Woodhouse, director of the Protect Our Care campaign. "The Trump Administration wants to let insurance companies sell skimpy plans to unwitting Americans and then leave them holding the bill. ... And if you're among the one in four Americans who has a preexisting condition, today's news is especially bad: These skimpy plans will once again allow insurers to discriminate against you based on your medical history." MICHAEL MARTIN



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Manhattan woman hurt by Central Park tree speaks out, files lawsuit

In August, a 3,000-pound elm crashed onto Anne Monoky Goldman and her three children.



KRISTIN TOUSSAINT
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The Manhattan mom who was injured by a falling Central Park tree in August spoke out about the incident Monday as she plans to file a \$200 million lawsuit against the city.

"Our lives are forever altered by what happened," Anne Monoky Goldman told ABC News' "Good Morning America."

Goldman spoke with the show for the first time since the Aug.



Anne Monoky Goldman and her family. FACEBOOK

15, 2017, incident in which a 3,000-pound elm crashed down on her and her three children, including the baby strapped to her chest.

Her 2-year-old son's skull was fractured by the tree and Goldman suffered four fractures to her neck. Two of those will never heal,

she said her doctors told her, which puts her at constant risk of becoming a quadriplegic.

"You know, to be told by a doctor ... 'You will stop breathing if something jarring happens to you, you have to be really careful,'" she told "GMA." "I mean, for my kids I just have to move



The tree that fell and struck Goldman in Central Park. TWITTER/ @NYPDCESTRALPARK

forward and keep going."

Goldman previously ran marathons, she said in the interview, but after the incident she couldn't even lift up her baby for months.

Her lawyers are alleging negligence by the city, saying that the trees were not properly maintained.

"This wasn't a freak accident, this was a preventable accident," Goldman's lawyers told "GMA."

The lawyers announced the lawsuit in September but plan to officially file the suit against New York City, the Central Park Conservancy and other companies who

maintain the park's trees, they told "GMA."

The Central Park Conservancy, a private nonprofit that manages the park under contract with the city, told ABC in August the tree fell "as a result of decay in the root system beneath the surrounding pavement."

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Michelle Obama slated to release 'deeply personal' memoir in November

We all know the former first lady has those Michelle Obama arms — they're the arms that kept Barack steady for two presidential terms and pushed us to get active. And now, to get us reading, she's releasing her memoir, "Becoming."

In February 2017, word broke out that the Obamas signed a joint book deal with Penguin Random House worth \$65 million — but Barack has yet to disclose information about his upcoming memoir.

"Becoming" is set for release on Nov. 13 through Crown Publishing Group, a division of Penguin Random House, which she announced via Twitter on Sunday night. This will be Michelle's second book — her first, "American Grown," was published in 2012.



Michelle Obama speaks during a campaign rally for Hillary Clinton. GETTY IMAGES

The book will be "published simultaneously in 24 languages around the world," Crown Publishing wrote in a statement. "Becoming," which is described as a "deeply personal reckoning," will also be released as an audio book narrated by the former first lady.

Michelle's memoir will discuss her childhood on the South Side of Chicago, her time in the White House and ... Ellen?

"As first lady of the United States of America — the first African-American to serve in that role — she helped create the most welcoming and inclusive White House in history," the website of Michelle's memoir stated.

"I hope my journey inspires readers to find the courage to become whoever they aspire to be," she wrote on Twitter. "I can't wait to share my story." SAM BRODSKY

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Can This Medical Technology Possibly Eliminate Or *The Advanced Medical Treatment Every Back & Neck Pain Sufferer Needs To Know*

NYC Pain MD is a medical clinic with two locations in New York City that has made a name for itself by treating the worst cases of back or neck pain.

Here is what every back and neck pain sufferer who has failed to respond to other treatments and does not want surgery should know about one of the best treatment options available today for severe back and neck pain including when, why and where you should consider this treatment to get maximum results.

If you suffer with back, neck or nerve pain, you have probably already tried *many* treatments ... especially countless pain medications.

Experienced doctors understand that even though pain medications such as anti-inflammatory pain pills are part of the recommended early treatment plan for back pain... they are rarely the answer.

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NYC Pain MD is a REAL medical clinic that has treated the worst cases of back pain. Patients travel from all over to be treated at one of their clinics for all sorts of joint and muscle pain because they want the best medical treatments available.

What you are about to discover is a REAL medical treatment. Not some miracle cure you see on infomercials or on the internet.

Know this fact: There is no one treatment that will help every case of back pain. And we cannot guarantee this treatment will work for you. But this treatment has already helped countless back and neck pain sufferers who had given up hope. I bet many just like you.

What is this treatment? It's called...

Radiofrequency Neurotomy "Radiofrequency Neurotomy" is often referred to as RF for short. Just what is "RF".

RF is a procedure that is based on the concept that blocking the nerve supply to the painful area may alleviate pain and restore function.

There are many nerves around your spine and one of their jobs is to sense PAIN.

Radiofrequency waves are delivered to these nerves under advanced imaging to "block" the nerves and slow down the pain

Two procedures are performed. First, a test, diagnostic "Block" procedure is done to determine if the procedure is going to decrease pain and improve function.

If this first "test" procedure is successful, the Radio Frequency

Neurotomy is scheduled and performed for longer term relief.

What Results Can You Expect?

Like all real medical procedures... results vary for individual patients. No good and ethical doctor would guarantee any exact results for any procedure... that's just not how things work and it would be less than honest.

That's being said, it is not uncommon for patients to get complete, if not significant relief of their pain shortly after the treatment.

How Long Do The Results Last?

This procedure "impairs" the nerves pain signals... it does not destroy them. Therefore, the results are safe but not completely permanent. But, many patients get relief for 6 months... 12 months.... 18 months for some even longer. The great news is - another procedure can be safely preformed for more relief if necessary.

While we cannot claim this is a complete "permanent cure" ... it can be a godsend for so many who were in constant pain.

Really... what would it be worth if you could get out of pain for long enough so you could start enjoying your everyday life again?

Would it be worth it to be able to finally get a good night's sleep again?

How about being able to go for a simple walk or just do your basic daily chores without worrying about so much pain?

Is It Safe?

Yes. This procedure has been done countless times and continues to have an excellent safety record. It is minimally invasive and is *not surgical*.

Who Should Try This Treatment?

RF should be considered after other treatments, such as anti-inflammatory pain medication and physical therapy do not offer good enough results.

RF has also been found effective AFTER back surgery when patient's still feel pain.

The pain after a failed back surgery can be debilitating for some and this procedure may be the only thing that helps give you relief.

What To Do Next If You Are In Pain And The "X" Factor

Here is the "X" factor many do not consider that might be the difference between you getting the best possible treatment or not.

Many experts suggest choosing a medical clinic that offers all these treatments and has the proper, most advanced technology all under one roof without the need for a surgical center or hospital.

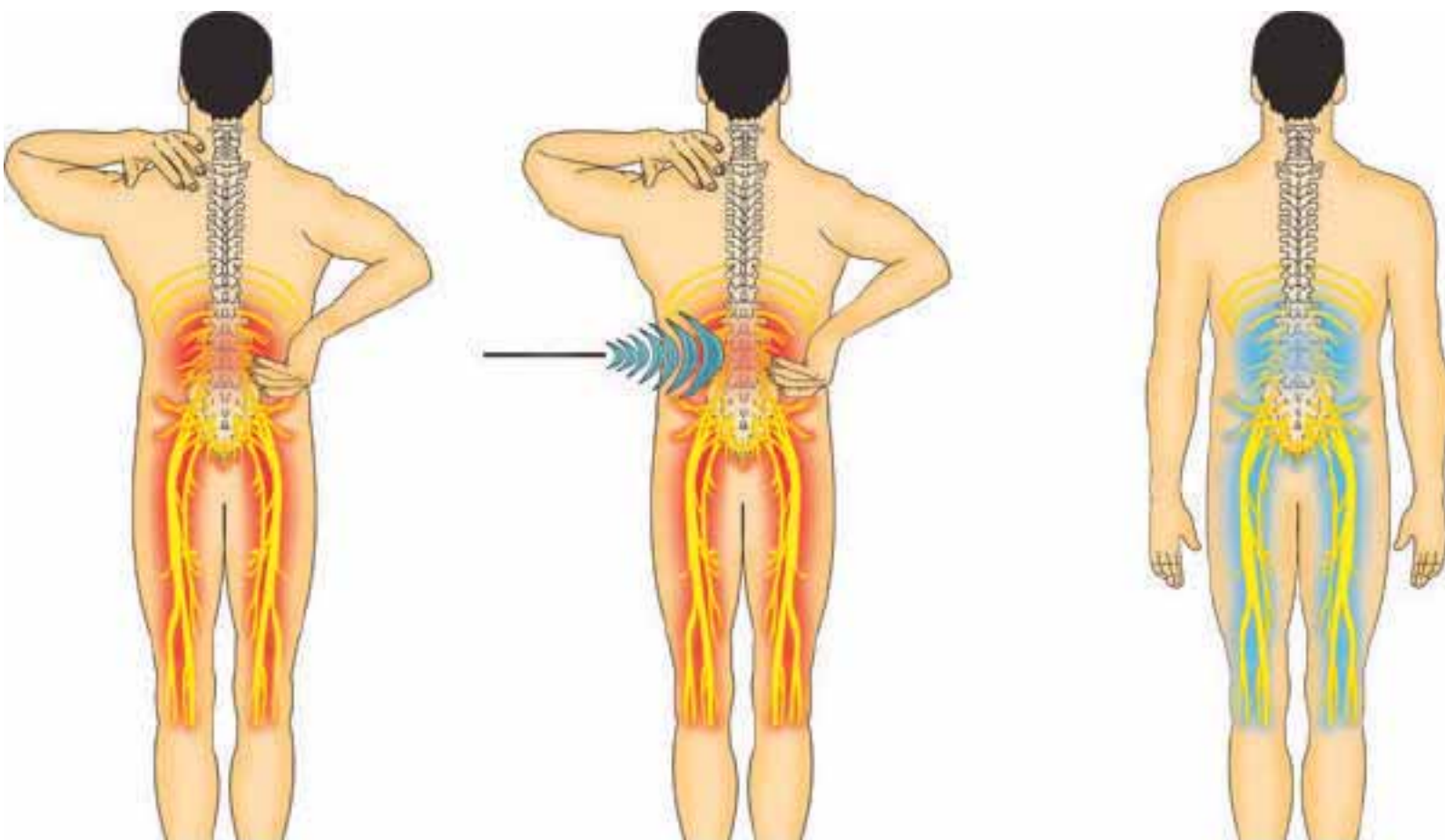
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Science rescues back & neck pain sufferers?: Radio Frequency Waves are used to block the nerve supply to the painful area and may alleviate pain and restore function to many

hospital or out patient surgical center facility fees which often run 3 to 4 times the cost of the procedure itself. And you don't have to go through the huge stress and time consuming process of going all over the city to outside centers. All the *NYC Pain MD* treatments can be done in our in-office procedure suites saving you stress, time and dollars.

NYC Pain MD believes this additional "X" factor is one of

the reasons so many back pain sufferers travel from all over to be treated at their advanced medical center.

Your Invitation

NYC Pain MD offers limited number of complimentary back and neck pain screenings every month. These screenings are a way for pain sufferers to get some of their questions answered and see if they are candidate for one of the cutting-edge treatments offered at *NYC*

Pain MD. If you would like complimentary screening, just call 877-503-8540 and tell the scheduling co-ordinator who answers the phone, "I would like a complimentary back pain screening."

The screenings fill up fast every month. If you do not call in time to get one this month, the expert will schedule you for next month.

This screening is at no cost and no obligation.

Many of the treatments offered are covered by many insurance plans and traditional medicare.

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'Don't worry about the NRA,' Trump tells governors

Trump criticized the law enforcement officers who responded to the recent school shooting.

President Donald Trump plans to discuss gun legislation with lawmakers this week, the White House said Monday, and he told governors not to worry about the National Rifle Association as they mull responses to the massacre of 17 people at a Florida high school.

"Don't worry about the NRA. They're on our side," Trump told more than 35 governors, including Rick Scott of Florida, during a White House meeting. "If they're not with you, we have to fight them every



President Trump is reviewing gun control options in response to the recent Florida school shooting. GETTY IMAGES

once in a while. That's OK. They're doing what they think is right."

The Feb. 14 massacre of students and educators at Marjory Stoneman Douglas High School in Parkland, Florida, by a gunman with a legally purchased semiautomatic rifle reignited the nation's long-running debate over gun rights.

Trump, who backed gun rights during and since his 2016 presidential campaign, has been under pressure to show he is responding without alienating Republicans who oppose restrictions on gun rights. He plans to meet with lawmakers from both parties on Wednesday, White House press secretary Sarah Sanders said at a news briefing.

Trump, who had lunch with senior NRA officials on Sunday, on Monday repeated his suggestion that arming teachers could help stop more rampages. He did not mention raising the legal age to buy assault rifles to 21, an idea he emphasized last week and one that Florida's Scott, also a Republican, backed after the rampage.

Investigators said this month's assault was carried out by Nikolas Cruz, a 19-year-old former student at the high school, with a legally purchased

AR-15 assault weapon.

The shooting has rattled long-drawn political lines on gun rights in the United States, where Republican officials have often backed any efforts to tighten gun ownership rules, partly out of concern about retribution by the powerful NRA.

Florida plans to invest \$500 million to have a significant law enforcement presence in every public school in the state, Gov. Scott told the White House meeting.

"If they're not with you, we have to fight them every once in a while. That's OK."

President Trump

An armed school resource officer stationed at the school stayed outside during the attack, and has since resigned. Broward County Sheriff Scott Israel has been criticized for his department's response to

the shooting. "The way they performed was, frankly, disgusting," Trump said, adding that he believed that if he were in the same situation, he would have run into the school "even if I didn't have a weapon."

He has called the school resource officer, Scot Peterson, a "coward."

An attorney for Peterson defended his actions in a statement, saying he had remained outside because he believed the gunfire was occurring outside the school. REUTERS

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Kratom: What is it, and why is it all over the news?

The Asian herb is believed to be responsible for a salmonella outbreak in 20 states.



MEAGAN MORRIS
letters@metro.us

The U.S. Centers For Disease Control announced that they've determined the source of a multistate salmonella outbreak that sickened 28 people in 20 states — and it has nothing to do with raw chicken.

According to the CDC, the only connection the 28 people had consumed kratom in either a pill, tea or powder before experiencing the side effects of salmonella poisoning — like diarrhea, abdominal pain, fever and chills — that put 11 in the hospital.

What is kratom?

Kratom is an herb with roots in Southeast Asia that, while not as known as the other herb marijuana, is rapidly gaining in popularity. It binds to the same opiate receptors as morphine, making it an appealing alternative to highly addictive opioids — or to help those detoxing from heroin or painkillers.

However, opponents say the herb, though natural, is no better than the alternative.

"People are using kratom to get off opioids, when in fact it is opioids," U.S. Food and Drug Administration representative Lyndsay Meyer told CBS MoneyWatch.

"Heroin comes from a plant. Just because it comes from a plant doesn't mean it's safe."

The drug is responsible for at least 44 deaths, according to the FDA, and the number of reports to poison control centers regarding the herb increased 10-fold between 2010 and 2015.

Withdrawal from the herb — also known as thang, kakuum, thom, ketom and biak

— is known to cause seizures and liver damage. And the herb isn't regulated, meaning that shipments coming from other countries can potentially include unknown chemicals and additives that could cause more harm — like salmonella outbreaks.

"Patients addicted to opioids are using kratom without dependable instructions for use and more importantly, without consultation with a licensed health care provider about the product's dangers, potential side effects or interactions with other drugs," FDA Commissioner Scott Gottlieb wrote in November.

Is kratom legal?

Kratom is technically legal, but a few cities and states have either outright banned it or only allow its use in people 18 or older.

The FDA and the U.S. Drug Enforcement Agency have been mulling over a complete ban of the herb, though those efforts are currently on hold.

"Scientific data we've evaluated about kratom provides conclusive evidence that compounds contained in kratom are opioids and are expected to have similar addictive effects as well as risks of abuse, overdose, and in some cases, death," FDA Commissioner Scott Gottlieb said in a recent statement.

However, the American Kratom Association says that it's no more dangerous than any other legal drug.

"Although the primary alkaloids of kratom, MG and 7-OH-MG, may demonstrate some characteristics considered for controlled substance scheduling, as do many other products including caffeine, nicotine, some antihistamines, and alcohol, despite decades of widespread consumption, there does not appear to be a public health risk that would warrant their scheduling," the AKA wrote in November 2017.



Kratom is responsible for at least 44 deaths, according to the FDA. GETTY IMAGES



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8 secret Hollywood weddings

Recently, news broke that Amy Schumer and her boyfriend, chef Chris Fischer, had secretly married in a hush-hush ceremony on Feb. 13. Schumer confirmed the news with a simple "Yup" and a few photos from her special day on Instagram. Of course, Schumer isn't the first celebrity to have a low-key wedding. Here are eight celebrities who married in secret. **METRO**



Kerry Washington and Nnamdi Asomugha

Although this couple has yet to confirm their marriage themselves, a Blaine County, Idaho, marriage license gave away their secret 2013 wedding.



Blake Lively and Ryan Reynolds

Get this: Not only did Lively and Reynolds have a surprise, superprivate ceremony in 2012, but they had it at a plantation in South Carolina. Yikes!

Ellen Page and Emma Portner

The "Juno" actress revealed she had married her partner Portner via Instagram with a picture of their matching wedding bands in early 2018. "Can't believe I get to call this extraordinary woman my wife," she wrote.



Margot Robbie and Tom Ackerley

The "I, Tonya" star and her now-husband never announced their engagement and married in a top-secret ceremony in Byron Bay, Australia, in December 2016.

Leighton Meester and Adam Brody

Three months after Brody put a ring on it, he and Meester exchanged vows at a hush-hush ceremony in February 2014.



Kristen Bell and Dax Shepard

The "Good Place" star and her husband married in a private ceremony "in a tin room in the Beverly Hills courthouse," Bell says. They exchanged vows in front of a judge — and no family or friends were present.

Misty Copeland and Olu Evans

The epic ballerina and her beau dated for 10 years before tying the knot in 2016 — and Copeland did her best to keep it quiet. "For me, I just want to have a simple, as easygoing day as I can have and not have it be a big show," she told E! News.



Rachel Weisz and Daniel Craig

A whirlwind courtship followed by a supersecret wedding? I do! Well, they did: Weisz and Craig said their vows in June 2011, in front of just four witnesses.

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For Duncan Jones, Netflix is the future

Talking with the “Mute” director about the death of original stories in Hollywood.



GREGORY WAKEMAN
Gregory.Wakeman@metro.us

When Duncan Jones was taking the first tentative steps of his directing career, he envisioned “Mute” as his debut film.

But Hollywood works in mysterious ways. If “Mute” had been made when Jones and Michael Robert Johnson had written it in 2002, it would have been a contemporary gangster film, set in London in the mold of “Sexy Beast” and “Layer Cake.”

Jones couldn’t find funding, though. So instead, he made “Moon,” which hit cinemas in 2009 and launched a career that has seen Jones write and direct the acclaimed “Source Code” and the international hit



Alexander Skarsgård stars as Leo in the sci-fi mystery. NETFLIX

adaptation of the video game “Warcraft.”

Over this 16-year period, “Mute” changed drastically. By the time it had been bought by Netflix, the film was set in near-future Berlin, had an international cast and was heavily inspired by sci-fi films like “Blade Runner.”

With the film now available to stream on Netflix, we chatted with the filmmaker about its release, streaming versus big screen and the death of original Hollywood movies.

Talk about working with Netflix on “Mute.”

After three-and-a-half

years of “Warcraft” politicking and battling, my producer, Stuart Fenegan, managed to get his foot in the door. We pitched it to them,

they liked it and told us to go for it.

Did you change your approach for Netflix?

No. I’ve seen a few directors whose names I won’t mention say they shoot things one way or another, and would never shoot things meant for TV in the same way as film. I don’t get that. I’m not going to shoot something to make it work for TV, because I think that’s daft.

Would this version of the film ever have been made by a Hollywood studio?

It couldn’t get made for the studio. We tried. The studios have made a business decision, and they made it quite a few years ago, that the small, original independent arms that they used to have — that would do films in the \$20 to \$40 million range — they have basically folded them up.

And with that, there’s less original fare.

We’re fortunate that there [are] new amazing avenues, whether it is Netflix, Amazon or Apple, that can afford to make films at that budget that are completely original. They aren’t dependent on the same business practices that film studios are used to. And it is really great because a lot of the original and weird stuff that is now getting made just wasn’t getting made. They’re the ones being really brave and they are going to discover the next sort of exciting and ambitious films.



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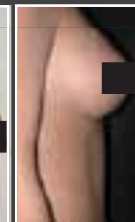
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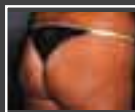
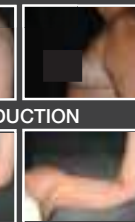


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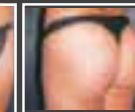
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Ways to celebrate Women's History Month in NYC

The future — two days! — is female.



KATE MOONEY
kate.mooney@metro.us

Who run the world? Women. While we ought to celebrate the fairer sex every damn day, in case you've been slacking, the month of March is going all female. It's Women's History Month, and that means 31 days worth of events honoring female changemakers from history to modern day.

"Jock Gems," Alamo Drafthouse Cinema
Celebrate women on the big screen all month long at Alamo Drafthouse Cinema's "Jock Gems," a series dedicated to female

athletes in film. Watch "A League of their Own," "Bend It Like Beckham" and "Whip It" (followed by a post-screening talk and demo with members of the Gotham Girls Roller Derby) and more. *Alamo Drafthouse Cinema, 445 Albee Square West, Brooklyn, March 1-31, prices vary, drafthouse.com/nyc*

Women's Jazz Festival, Schomburg Center for Research in Black Culture
Celebrate female jazz musicians at this festival taking place over four Mondays in March. It kicks off on Monday, March 5, with a tribute to Alice Coltrane and performances by pianist Courtney Bryan and harpist Brandee Younger. On March 19, scholars and artists will convene

to discuss women in jazz and the legacy of Abbey Lincoln for "WJF in Conversation: For the Love of Abbey Lincoln" (free with RSVP). *Mondays, March 5, 12, 19, 26, 515 Malcolm X Blvd, \$25-\$35, eventbrite.com*

100th anniversary revival of "Calamity Jane"
Remind yourself that women have been kicking ass and taking names for centuries with the 100th anniversary revival of the NYC debut of musical western "Calamity Jane," a fictional imagining of the sharpshooting frontierswoman and her Wild West exploits. *The Lion Theatre, 410 W. 42 St., March 13-25, \$45, musicalstonight.org*

Center for Women's History,



"Calamity Jane" takes the stage at The Lion Theatre. GETTY IMAGES



See "A League of Their Own" at Alamo Drafthouse Cinema. COLUMBIA

NY Historical Society
Explore the legacy of women in history at the New York Historical Society, which has a number of exhibits at its Center for Women's History. In more recent history, there's "Collecting the Women's Marches" (on view through June 3) featuring protest signs and paraphernalia from the inaugural Women's March in January 2017. 100 years back, "Hotbed" (through March 25) includes images and installations depicting the women's suffrage

movement in early 20th Century Greenwich Village, NYC. *NY Historical Society, 170 Central Park West, Tuesday-Sunday, nyhistory.org, admission price varies.*

National Sawdust Spring Revolution
It might not feel like spring temperature-wise, but National Sawdust will pay tribute to the season of revolution inspired by Igor Stravinsky's groundbreaking work *The Rite of Spring*. The Williamsburg arts and music venue will

host 13 performances by multicultural female conductors, musicians and curators. On Sunday, March 4, the Refugee Orchestra Project will perform "Refugees Are Us," a multimedia concert highlighting the refugee experience. Grammy nominated Cuban-American singer CuCu Diamantes takes the stage with "The Sins of Picasso," her musical take on the #MeToo movement. *National Sawdust, 80 N. 6th St., March 4-11, nationalsawdust.org, prices vary*

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An ENT specialist talks us through the differences between dry eye, allergic rhinitis and more afflictions that strike this time of year. ISTOCK

In the U.S., we've been experiencing the worst flu season in a decade; as of last week, 97 children have died of the

illness. Influenza has been grabbing all the headlines, but our eyes, ears, noses and throats experience all sorts of

trouble this time of year. We talked to Dr. Gregory M. Levitin, otolaryngologist and director of the vascular birthmarks and

malformations program at New York Eye and Ear Infirmary of Mount Sinai, and Dr. Angie Wen, cornea and cataract

surgeon at New York Eye and Ear Infirmary of Mount Sinai, about the differences among the illnesses we commonly experience this year, and how best to care for ourselves.

What makes winter "cold and flu season"?

Levitin: Cold and flu season refers to the winter months when respiratory viruses are most prevalent. Many people are actually sensitive to cold weather, a condition called vasomotor rhinitis, and develop symptoms similar to that of allergic rhinitis, which can occur year-round.

What's the difference between a cold, flu and rhinitis?

Levitin: Rhinitis refers to any inflammatory condition of the nasal cavity

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and can be due to allergy, infection or environmental conditions, which results in nasal congestion or obstruction, sneezing, and itchy/runny nose. It can be caused by both allergic (most common) or non-allergic conditions. The most common cause of nasal obstruction is the common cold, or flu, which is due to a virus. Symptoms include a runny nose, congestion and difficulty breathing. [These] can be accompanied by fever, body aches, and fatigue.

How is each treated?

Levitin: A viral infection does not require an antibiotic and runs its course over seven-14 days. One can treat the symptoms with nasal saline rinses and/or decongestants. When taken during the first 24-48 hours, Tamiflu can shorten the duration of symptoms caused by a viral illness.

Sinusitis [a sinus infection] is caused by a bacteria, and when accompanied by a fever is typically treated with an antibiotic for seven-10 days in addition to nasal saline rinses and/or decongestants.

The most common cause of rhinitis is allergic rhinitis, so the best way to treat this is to first try to avoid direct exposure to any known allergens. While this may be practical by avoiding cats or dogs, more common allergens include dust, ragweed, trees and grasses, and are certainly not easy

to avoid. It is possible to effectively treat most symptoms by starting a daily routine using an intranasal steroid spray (such as Flonase or Nasonex) and adding an oral antihistamine (such as Allegra, Claritin or Zyrtec). Daily saline rinses can also help clear the nasal passages of any excess secretions.

We see a lot of advertising these days for "dry eyes." What exactly are dry eyes?

Wen: The surface of the



healthy eye is normally moist, like the inside of the mouth. This is important for clear vision and ensuring the cornea or front surface of the eye gets the necessary nutrients. When there is a defect or deficiency in the tear film, the eyes become abnormally dry. Symptoms can include redness, a feeling that sand or a foreign body is in the eye, blurry or fluctuating vision.

What causes dry eyes, and how can they be

treated?

Wen: There are a number of causes, from underproduction of tears to poor tear quality, or increased evaporation or loss of tears. The treatment is directed at the particular cause in each individual.

Can a mild case be treated OTC? When should you go to the doctor?

Wen: Initial treatment for mild dry eye include OTC lubricating eye drops. It is best to stay away from "get the red out" type of eye drops, as they can be harmful if used long-term. See an ophthalmologist if there is persistent red eye, decrease in vision or excessive discharge as these can indicate a more serious condition.

How can dry eyes be prevented?

Wen: Stay well-hydrated, avoid overwearing or sleeping in contact lenses. Take breaks when performing prolonged visual tasks, such as reading or computer work.

How does rhinitis, which we discussed above, affect the eyes?

Wen: Allergies can cause inflammatory changes in the soft tissues covering the surface of the white of the eyes and inside of the eyelids, and thus can irritate the cornea and be related to dry eye. Also, many decongestants and antihistamines can cause dry eye in the same way that they dry out the mucous membranes of the nose. *SHEILA DOUGHERTY*

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Rangers trade McDonagh, Miller right at deadline

The Blueshirts lived up to their name of sellers at the trade deadline, dealing their captain.



JOE PANTORNO
joseph.pantorno@metro.us

In the final moments before the NHL's 3 p.m. ET trade deadline on Monday afternoon, the New York Rangers traded defenseman and captain Ryan McDonagh along with forward JT Miller to the Tampa Bay Lightning.

In return, the Rangers received Libor Hajek, Brett Howden, Vladislav Nemestnikov, a 2018 first-round draft pick and a 2019 conditional first-round selection, per McKenzie.

It's the final move of the Rangers dramatic and sudden rebuild. McDonagh and Miller join Michael Grabner (Devils), Rick Nash (Bruins) and Nick Holden (Bruins) as big names that have been dealt away from Madison Square Garden over the past week.

McDonagh is signed through the 2018-19 season and gives the Lightning a huge boost on the blue line as they look to stay atop the Eastern



J.T. Miller (left) and Ryan McDonagh (front) were dealt to the Lightning on Monday afternoon. GETTY IMAGES

Conference playoff picture with an NHL-best 87 points. He'll reunite with Ryan Callahan, another Rangers captain that was dealt to Tampa Bay in 2014, and fellow defenseman Dan Girardi.

The 28-year-old defenseman has been a consistent leader on New York's blue line, playing in 71 or more games in each of the last five full NHL seasons. Since his debut in 2010, McDonagh amassed 238 points and a plus-141 rating.

Miller ranked second among all Rangers skaters with 40 points (13 goals, 27 assists) this season, a third-line left winger who

ranked second among all Blueshirt forwards with 85 hits.

While the two draft picks add to New York's wealth of selections — they'll have three first-rounders in 2018 alone — they are getting back two promising prospects in Hajek and Howden.

Hajek, 20, a 6-foot-2 defenseman Hajek was selected 37th overall in the 2016 draft and had a breakout performance during the World Junior Championships for the Czech Republic in Buffalo last month after impressing during the preseason.

Howden, 19, is another youngster who is enjoy-

ing a stellar season with the Moose Jaw Warriors of the WHL. In 38 games this season, the big 6-foot-3 left winger has 22 goals and 36 assists (58 points).

While those can be two valuable future assets, Nemestnikov can be plugged into New York's top lines right now.

The 25-year-old was enjoying a career season with 20 goals and 24 assists flanking Steven Stamkos and Ryan Callahan on the left wing of Tampa Bay's first line. He'll either replace Chris Kreider on New York's first line or Jimmy Vesey on the second upon his arrival.

Isles, Snow flop at deadline again

The New York Islanders traded veteran winger Jason Chimera to the Anaheim Ducks for center Chris Wagner less than an hour before the NHL's 3 p.m. ET trade deadline Monday.

But that was all the action from general manager Garth Snow, who once again fell flat at the NHL trade deadline despite the Islanders — just two points out of a playoff spot — needing serious upgrades on defense. Chimera, 38, was in the midst of one of his worst professional seasons as the lower-line forward recorded just two goals and nine assists with a minus-11 rating in 58 games.

The speedy vet was a nonfactor this season as New York's fourth-line winger alongside Casey Cizikas and Cal Clutterbuck, as the Islanders continue to search for the right replacement for Matt Martin on their bottom unit.

The deal is also friendly on the Islanders' wallets as Chimera provided a cap hit of \$2.25 million this year. In contrast, Wagner carries a hit of just \$637,500.

Wagner is just 26 years old and gives New York a better option on their lower lines rather than relying on Shane Prince, Alan Quine or Tanner Fritz. While he's listed as a center, Wagner is



Dealing Jason Chimera was all the Islanders did on Monday. GETTY IMAGES

versatile enough to play on the wing.

In 64 games this season, he's recorded six goals and nine assists for a career-high 15 points.

What might be most important for the Islanders is that Wagner is a gritty forward who can hit, block shots and help out the penalty kill. Any semblance of defensive help, while it might not come on the blue line, is a welcomed addition considering the Islanders have the league's worst defense.

The Islanders now have two players in the NHL's top five in hits. Wagner ranks second with 212 while Clutterbuck sits in fifth with 185.

However, this and the Brandon Davidson deal are the only moves the Islanders were able to pull off before the deadline. Meaning Snow's job should be in very serious trouble should the Islanders miss the playoffs.

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Mets ink Griffin to minors deal

New York brings in another arm to add to depth collection.



JOE PANTORNO
joseph.pantorno@metro.us

Turns out the New York Mets weren't done tweaking their roster this spring.

Let me assure you though, it's not going to light up the baseball world.

The Mets signed veteran right-handed pitcher A.J. Griffin to a minor-league deal on Monday, with an invite to spring training.

At 30 years old, Griffin has yet to find any sort of consistent success in the majors where he's been a starter for a majority of his four seasons because of injuries.

After going 21-11 with a 3.60 ERA over two years with the Oakland Athletics, Griffin was forced to undergo Tommy John surgery and did not make a return to a big-league mound until 2016 as a



It appears as though the signing of AJ Griffin is for insurance purposes should injuries strike again. GETTY IMAGES

member of the Texas Rangers. In 38 starts over the last two years, he went 13-10 with a 5.41 ERA.

It will be interesting to see what the Mets decide to do with Griffin should he make a serious push for the major-league roster. New York is laden with prospective starters with Noah Syndergaard, Jacob deGrom, Matt Harvey, Zack Wheeler, Steven Matz, Seth Lugo, Robert Gsellman and even Rafael Montero. So there's plenty

of starting depth should the injury bug strike once more.

That means the Mets could be looking at Griffin for a possible role out of the bullpen.

He's only made three relief appearances in his career, all coming last season, and it didn't go well. In 5.1 innings of work, which in his defense is a limited sample size after entering a role never experienced before, he allowed seven runs for a

whopping ERA of 11.81.

Or New York could look to use him as more of a hybrid; someone who could make the occasional spot start or be a long man in relief to preserve the bullpen.

Either way for Mets fans trying to make sense of the deal, this could be nothing more than added depth to ensure the pitching staff has enough experienced arms to step in should there be a repeat of 2017.

Syndergaard dazzles in Mets' spring debut

If there were any doubts that New York Mets fireballer Noah Syndergaard wouldn't have the same action on his stuff after an injury-shortened 2017 season, they were quickly put to rest on Monday.

In his spring training debut against the defending World Series champion Houston Astros, it took Thor 22 pitches to get through two innings, allowing no hits while striking out a pair.

There was no dip in his velocity as half of his pitches were clocked in at 100 miles per hour or quicker.

He came out of the gates throwing pure gas in the first inning. Of the 11 pitches he threw in the opening frame, Syndergaard hit 100 miles per hour five times and 101 miles per hour twice.

His slowest offspeed pitch came in at 90, which could look like



Noah Syndergaard looked 100 percent healthy and ready to go on Monday. GETTY IMAGES

an eephus pitch after seeing nothing but pure heat.

It was a rare marquee matchup in spring as Syndergaard faced off against Justin Verlander, who was just as dominant.

In two perfect innings, the veteran struck out four while 20 of his 28 pitches were strikes. JOE PANTORNO

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In pursuance and by virtue of a Judgment of Foreclosure and Sale duly granted and entered in an action entitled NYCTL 1998-2 Trust and The Bank of New York Mellon as Collateral Agent and Custodian for the NYCTL 1998-2 Trust v. 777 Club group, LLC, et al., bearing Index No. 5826-13 before the Supreme Court of the State of New York, County of Queens, IAS Part 34 before The Honorable Robert J. McDonald, on or about January 2, 2018, I, the Referee, duly appointed in this action for such purpose, will expose for sale and sell at public auction to the highest bidder on March 16, 2018, at 10:00 a.m., in Courtroom 25 of the Queens County Supreme Court located at 88-11 Sutphin Blvd., Jamaica, New York 11435, the lien premises designated as Block 13733, Lot 27 in the City of New York, County and Borough of Queens, State of New York and known as Bently Road, Queens, New York, directed in and by said judgment to be sold. The approximate amount of the judgment is \$4,629.58 plus interest and other charges, and the property is being sold subject to the terms and conditions stated in the judgment, any prior encumbrances and the terms of sale which shall be available at the time of the sale.

Dated: February 8, 2018
MITCHELL KAUFMAN, ESQ.
Referee
19 Clemson Lane
Westbury, New York 11797
DAVID P. STICH, ESQ.
Attorney for Plaintiff
521 Fifth Avenue, 17th Floor
New York, New York 10175
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NOTICE IS HEREBY GIVEN that a license, Number Pending, for On Premise Liquor Has been applied for by the undersigned to sell Liquor, Wine, Beer & Cider at retail in a Restaurant under the Alcoholic Beverage Control Law at 4512 46th St., Sunnyside, NY 11104. Queens County, for on premises consumption. Ley Gastronomica Ltd. d/b/a Firefly.

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53 Have a mortgage
55 Makes like a mule

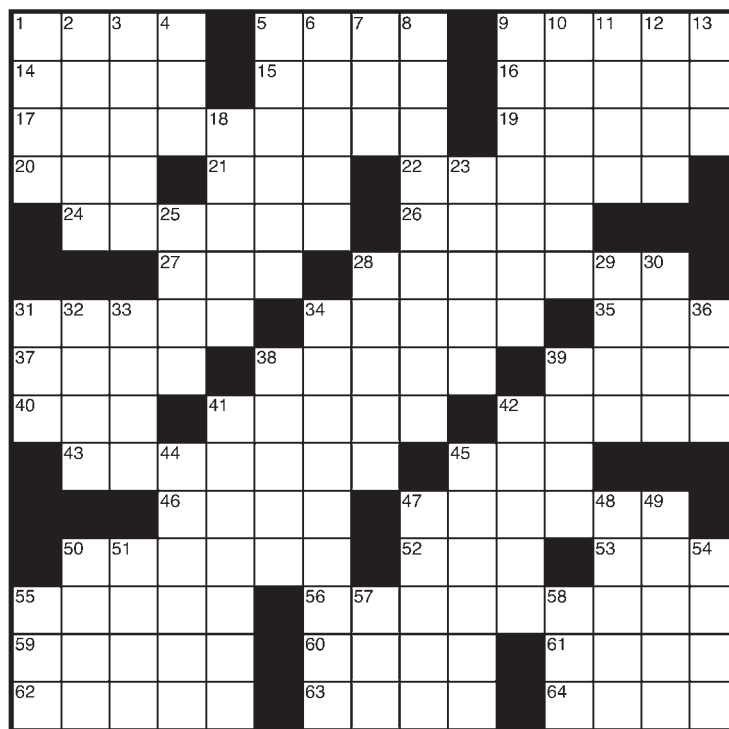
- 56 Skin
59 Wears a crown
60 Hourly fee
61 Rescue
62 Kind of rocket
63 Not barefoot
64 Busy European airport

Down

- 1 Catherine -- Jones
2 Flee to the J.P. 3 Ski resort in Colorado
4 Chem room
5 Set on fire
6 Finds fault
7 Half of zwei
8 Given to bursts of excitement
9 On the loose (2 wds.)
10 Strong-arm
11 Carry on

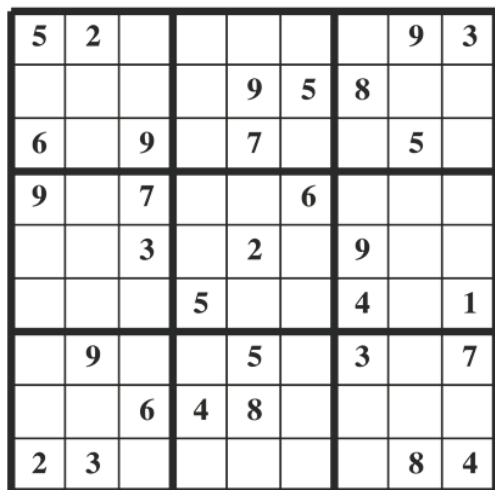
- 12 Fateful date
13 Color
18 English racetrack
23 Perky flavors
25 Woofs
28 Sensational and shocking
29 Feng --
30 Antacid brand
31 -- Paulo, Brazil
32 Stereo (hyph.)
33 Shah's land
34 Staircase parts
36 Recipe meas.
38 Gazette
39 Shipboard quaff
41 "Guernica" painter
42 River rapids
44 Twain lad
45 Like the forest
47 Certain corn chip
48 Marge Simpson's hubby
49 Diagonal pattern
50 Choice on some quizzes
51 Guard's cry
54 Catch sight of
55 Icy remark?
57 Cry of disgust
58 Sorority letter

metro.us/crossword

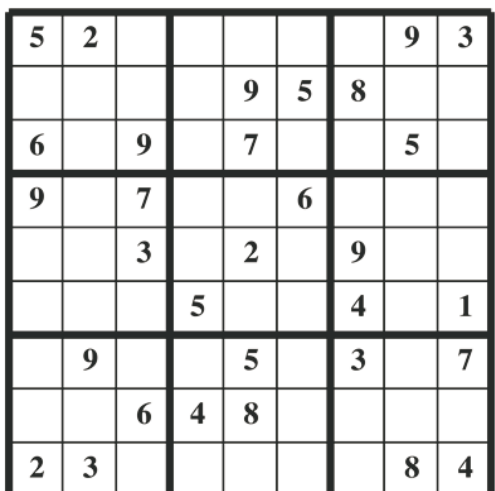


metro.us/sudoku

easy



hard



metro.us/horoscopes



Aries Take part in a regimen, retreat or seminar that will give you greater vision and strength and the courage to do what pleases you instead of trying to please everyone else.



Taurus Helping others will bring the highest reward. Get out of the house and volunteer your time, services and knowledge to an important cause. Make your actions count.



Gemini Don't trust someone from your past to change and start treating you better. Beware of empty promises and ulterior motives. If you want something done, do it yourself.



Cancer Give everyone around you space to do his or her own thing. If you don't interfere in other people's affairs, you will be offered the same respect and privilege.



Leo You will inspire others if you get involved in a team effort. Anger will mount if someone challenges you. Be ready to make unexpected changes if you want to remain in control.



Virgo The changes you want to make will have to be discussed with everyone affected by your plans. Being up-front will help you gain respect and get the go-ahead.



Libra Civil discussions with partners or people you are trying to help should be followed by action. Keep your promises. Positive change will help to keep the peace.



Scorpio Stay focused on what you can accomplish and refuse to let emotional situations dictate how you move forward. Stay on top of matters that can influence your income.



Sagittarius Tend to your personal finances and investments and negotiate on your own behalf. Don't share personal or financial information with others.



Capricorn You don't have to share personal thoughts or information if you don't want to. Don't feel obligated to do so just because someone is pressuring you.



Aquarius Put more time and effort into important relationships to make your life easier. Sharing, comparing and understanding will encourage trust, loyalty and greater stability.



Pisces Take good care of your health. Refuse to let anyone fluster you or coax you into an argument. You'll accomplish much if you ignore negativity and meddling. EUGENIA LAST

Yesterday's answers



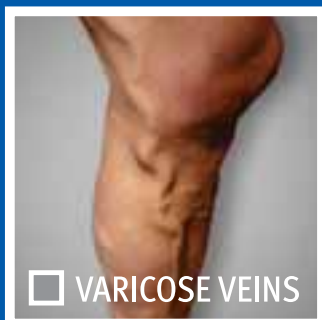
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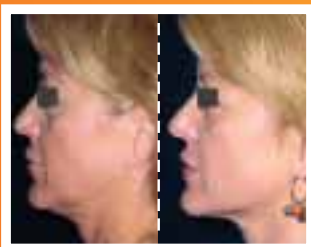
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